

Caregiver School of Learning: Basic Caregiver/Care Provider Course

COURSE DESCRIPTION:

This course is an introduction and pathway into the field of healthcare. The course will give you an understanding of, and the skills required to, become a caregiver for the aged or disabled in a variety of healthcare settings.

This course may also be a prerequisite for advanced opportunities in healthcare. These opportunities may include Medication Technician, Activities, Behavior Support Services, Resident Care Coordinator, Community Healthcare Worker, or a Licensed Community Based Care Administrator.

The course content will include a variety of topics with the focus on providing person centered care services to clients, understanding the aging process and expectations of such, medical abbreviations in the industry, understanding dementia and many other health related concerns and interventions to assist the client.

COURSE LOCATION/SCHEDULE:

Location: TBD

Schedule: Thursday/Friday/Saturday from 10am – 4pm

REQUIRED MATERIALS:

A manual with all learning materials will be provided to each student of the course

Always bring a writing utensil to each session

FORMAT/ORGANIZATION OF COURSE:

This course will consist of lecture, exercises, lab, videos, quizzes, and group discussion.

CLASS POLICIES:

Attendance in all sessions is required

No cell phone use in the classroom unless requested to do so by instructor

Must participate in classroom discussion

No pictures or recordings unless authorized by the instructor

Respect each member of the classroom by not talking while others are speaking.

COURSE OUTLINE:

DAY 1:

- Introductions and Expectations
- Consent form
- RUBRIC
- Attitude Test
- Careers in Healthcare
- Types of Care settings
- Principles of Assisted Living
- Healthcare Industry/Rules
- Resident Rights
- Abuse Guide
- General Terminology in healthcare
- Medical terminology
- Communications Skills with Residents
- Soft Skills/Customer Service
- Normal Aging
- Aging and Disease Processes

DAY 2:

- Infection Control
- Body Mechanics
- Safety
- Observation and Documentation
- Person Centered care
- Service Plan/Evaluations
- Behaviors
- Activities
- Dietary
- Activities of Daily Living (ADL)

DAY 3:

- Activities of Daily Living (ADL)
- Demonstration and evaluation of Activities of Daily Living (ADL)
- Breakout Sessions
- Employer Forum/Interview Process
- Celebration

COURSE OBJECTIVES:

1. Learn what it takes to become a hero/champion of compassionate care that makes a real difference in people's lives
2. Acquire an understanding of Person-Centered Care
3. Learn about Community Based Care (CBC) and the principles that support that care environment.
4. Gain the skill sets that are necessary to provide Activities of Daily Living care to the clients that you serve.
5. Attain a general understanding of diseases and disease management
6. Acquire a basic knowledge of the rules that govern the Community Based Care.
7. Increase understanding of how communication skills and great customer service are key elements in any healthcare career.
8. Acquire the knowledge to understand the details of what dementia is and the skills to assist those with dementia.
9. Determine how to support clients with behavioral issues.
10. Attain an understanding of how the body ages and what you can expect to see in older adults and the disabled.
11. Acquire knowledge of safety/emergency measures that must be understood in all healthcare settings.
12. Learn basic medical terminology skills.
13. Understand what a service plan is and how it is developed.

14. Learn the rule requirements of reporting abuse or potential abuse.

15. Gain a general understanding of policies and procedures as part of the operational systems that are in healthcare.

This course will also be following a guideline (RUBRIC) that rates you on your Employability Skills. Employers are wanting people that can meet certain goals in the areas of Reliability, Collaboration, Communication, Respect, Professionalism, Attitude and Problem Solving. You will be monitored and observed in these areas throughout this course.